| Week 1 Monday                         |  |
|---------------------------------------|--|
| Meatballs in Tomato Sauce, Wholegrain |  |
| Pasta and Sweetcorn                   |  |
| Quorn Nuggets, Wedges and Sweetcorn   |  |
| Strawberry Angel Delight              |  |
| Fresh Fruit                           |  |
| Fruit Yogurt                          |  |

| Week 2 Monday                           |  |
|---|--|
| Butchers Beef Burger in a Bun with      |  |
| Carrot Sticks                           |  |
| Bean Burger in a Bun with Carrot Sticks |  |
| Mango and Orange Iced Smoothie          |  |
| Fresh Fruit                             |  |
| Fruit Yogurt                            |  |

| Week 1 Tuesday                          |  |
|---|--|
| Roast Chicken, Roast Potatoes, Seasonal |  |
| Vegetables & Gravy                      |  |
| Quorn Roast, Roast Potatoes, Seasonal   |  |
| Vegetables & Gravy                      |  |
| Waffle and Greek Strawberry Yogurt      |  |
| Fresh Fruit                             |  |
| Fruit Yogurt                            |  |
|   |  |

| Week 2 Tuesday                          |  |
|---|--|
| Roast Sausage, Yorkshire Pudding, Roast |  |
| Potatoes, Seasonal Vegetables & Gravy   |  |
| Quorn Roast, Roast Potatoes, Seasonal   |  |
| Vegetables and Gravy                    |  |
| Peaches and Ice Cream                   |  |
| Fresh Fruit                             |  |
| Fruit Yogurt                            |  |

| Week 1 Wednesday                                |  |
|---|--|
| Macaroni Cheese, Garlic Bread & Garden<br>Salad |  |
| Roasted Vegetable Lasagne, Garlic Bread         |  |
| and Garden Salad                                |  |
| Fruit Jelly and Ice Cream                       |  |
| Fresh Fruit                                     |  |
| Fruit Yogurt                                    |  |

| Week 2 Wednesday                        |  |
|---|--|
| Cheese & Tomato Pizza and Carrot Sticks |  |
| Cheese & Tomato Pizza and Carrot Sticks |  |
| Chocolate Marble Cake                   |  |
| Fresh Fruit                             |  |
| Fruit Yogurt                            |  |

| Week 1 Thursday                        |  |
|--|--|
| Butchers Sausage, Mash, Peas and Gravy |  |
| Vegetarian Sausage, Mash, Peas and     |  |
| Gravy                                  |  |
| Chocolate Sponge & Chocolate Custard   |  |
| Fresh Fruit                            |  |
| Fruit Yogurt                           |  |

| Week 2 Thursday                       |  |
|---------------------------------------|--|
| Chicken Nuggets, Wedges and Sweetcorn |  |
| 3 Bean Chilli Jacket Potato           |  |
|                                       |  |
| Vanilla Cheesecake & Berry Coulis     |  |
| Fresh Fruit                           |  |
| Fruit Yogurt                          |  |

| Week 1 Friday                 |  |
|-------------------------------|--|
| Fishcake, Smilies             |  |
| and Baked Beans               |  |
| Pesto and Cherry Tomato Pasta |  |
| Blueberry Muffin              |  |
| Fresh Fruit                   |  |
| Fruit Yogurt                  |  |

| Week 2 Friday                |  |
|------------------------------|--|
| Battered Fish, Potato Waffle |  |
| and Spaghetti Hoops          |  |
| Tomato Soup and Focaccia     |  |
| Victoria Sponge              |  |
| Fresh Fruit                  |  |
| Fruit Yogurt                 |  |

| Week 3 Monday                            |  |
|--|--|
| Wholegrain Pasta Bolognaise and Broccoli |  |
| Cheese and Broccoli Pasta Bake           |  |
| Artic Roll                               |  |
| Fresh Fruit                              |  |
| Fruit Yogurt                             |  |

| Week 4 Monday                           |  |
|---|--|
| Butchers Sausage, Hashbrown and Baked   |  |
| Beans                                   |  |
| Vegetarian Sausage, Hashbrown and Baked |  |
| Beans                                   |  |
| Rocky Road                              |  |
| Fresh Fruit                             |  |
| Fruit Yogurt                            |  |

| Week 3 Tuesday  |  |
|---|--|
| Roast Chicken, Roast Potatoes, Seasonal   |  |
| Vegetables, Gravy   |  |
| Quorn Roast, Roast Potatoes, Seasonal   |  |
| Vegetables and Gravy  |  |
| Neapolitan Loaf Cake  |  |
| Fresh Fruit   |  |
| Fruit Yogurt  |  |
| Quorn Roast, Roast Potatoes, Seasonal Vegetables and Gravy Neapolitan Loaf Cake Fresh Fruit |  |

| Week 4 Tuesday                        |  |
|---------------------------------------|--|
| Roast Pork, Roast Potatoes, Seasonal  |  |
| Vegetables and Gravy                  |  |
| Quorn Roast, Roast Potatoes, Seasonal |  |
| Vegetables and Gravy                  |  |
| Apple Shortbread                      |  |
| Fresh Fruit                           |  |
| Fruit Yogurt                          |  |

| Week 3 Wednesday                                   |  |
|--|--|
| Butchers Sausage in a Bun and Cucumber<br>Sticks   |  |
| Vegetarian Sausage in a Bun and Cucumber<br>Sticks |  |
| Apple Crumble and Ice Cream                        |  |
| Fresh Fruit  |  |
| Fruit Yogurt                                       |  |

| Week 4 Wednesday                        |  |
|---|--|
| Cheese & Tomato Pizza and Carrot Sticks |  |
| Cheese & Tomato Pizza and Carrot Sticks |  |
| Peach and Raspberry Cobbler & Ice Cream |  |
| Fresh Fruit                             |  |
| Fruit Yogurt                            |  |

| Week 3 Thursday                         |  |
|---|--|
| Mild Chicken Korma, Wholegrain Rice and |  |
| Peas                                    |  |
| Sweet and Sour Vegetables & Tofu and    |  |
| Wholegrain Rice                         |  |
| Fruit Salad and Squirty Cream           |  |
| Fresh Fruit                             |  |
| Fruit Yogurt                            |  |

| Week 4 Thursday                         |  |
|---|--|
| Savoury Beef Mince and Peas with Mashed |  |
| Potato                                  |  |
| Jacket Potato, Cheese and/or Beans and  |  |
| Cucumber                                |  |
| Flapjack                                |  |
| Fresh Fruit                             |  |
| Fruit Yogurt                            |  |

| Week 3 Friday                             |  |
|---|--|
| Fishcake, Smilies and Baked Beans         |  |
| Cheese and Onion Pasty, Smilies and Baked |  |
| Beans                                     |  |
| Oat and Raisin Cookie                     |  |
| Fresh Fruit                               |  |
| Fruit Yogurt                              |  |

| Week 4 Friday                      |  |
|------------------------------------|--|
| Fish Fingers, Waffle and Peas      |  |
| Vegetable Fingers, Waffle and Peas |  |
| Iced Shortbread                    |  |
| Fresh Fruit                        |  |
| Fruit Yogurt                       |  |

| Week 5 Monday                           |  |
|---|--|
| Wholegrain Pasta Bolognaise and Carrots |  |
| Stuffed Peppers                         |  |
| Strawberry Yogurt and Granola           |  |
| Fresh Fruit                             |  |
| Fruit Yogurt                            |  |

| Week 6 Monday                    |  |
|----------------------------------|--|
| Jacket Potato with Tuna Mayo and |  |
| Cucumber Sticks                  |  |
| Jacket Potato, Cheese/Beans and  |  |
| Cucumber Sticks                  |  |
| Apricot Oaty Slice               |  |
| Fresh Fruit                      |  |
| Fruit Yogurt                     |  |

| Week 5 Tuesday                          |  |
|---|--|
| Roast Chicken, Roast Potatoes, Seasonal |  |
| Vegetables and Gravy                    |  |
| Quorn Roast, Roast Potatoes, Seasonal   |  |
| Vegetables & Gravy                      |  |
| Fruit Jelly and Custard                 |  |
| Fresh Fruit                             |  |
| Fruit Yogurt                            |  |

| Week 6 Tuesday                          |  |
|---|--|
| Roast Sausage, Yorkshire Pudding, Roast |  |
| Potatoes, Seasonal Vegetables & Gravy   |  |
| Quorn Roast, Roast Potatoes, Seasonal   |  |
| Vegetables and Gravy                    |  |
| Pancakes and Fruit Coulis               |  |
| Fresh Fruit                             |  |
| Fruit Yogurt                            |  |

| Week 5 Wednesday                       |  |
|--|--|
| Cheese and Tomato and Vegetable Sticks |  |
|  |  |
| Cheese and Tomato Pizza and Vegetable  |  |
| Sticks                                 |  |
| Apple Cake                             |  |
| Fresh Fruit                            |  |
| Fruit Yogurt                           |  |

| Week 6 Wednesday                    |  |
|-------------------------------------|--|
| Chicken Nuggets, Wedges and Peas    |  |
| Vegetable Nuggets, Wedges and Peas  |  |
| Vanilla Cheesecake and Berry Coulis |  |
| Fresh Fruit                         |  |
| Fruit Yogurt                        |  |

| Week 5 Thursday                       |  |
|---------------------------------------|--|
| Sausage Roll, Potato Waffle and Baked |  |
| Beans                                 |  |
| Tomato Soup and Focaccia              |  |
| Swiss Roll                            |  |
| Fresh Fruit                           |  |
| Fruit Yogurt                          |  |

| Week 6 Thursday                 |  |
|---------------------------------|--|
| Wholegrain Pasta Bolognaise and |  |
| Sweetcorn                       |  |
| Golden Vegetable Savoury Rice   |  |
| Toffee Cake                     |  |
| Fresh Fruit                     |  |
| Fruit Yogurt                    |  |

| Week 5 Friday                      |  |
|------------------------------------|--|
| Fishcake, Smilies and Baked Beans  |  |
| Lentil Cottage Pie and Baked Beans |  |
| Jam Doughnut                       |  |
| Fresh Fruit                        |  |
| Fruit Yogurt                       |  |

| Week 6 Friday                 |  |
|-------------------------------|--|
| Roast Turkey Christmas Lunch  |  |
| Roast Sausage Christmas Lunch |  |
| Vegetarian Christmas Lunch    |  |
| Christmas Pudding             |  |
| Yule Log                      |  |

Fruit & Jelly

| ,  |     |                  |          |
|--|-----|------------------|----------|
| Week 7 Monday                            |     | Week 8 Monday    |          |
| Butchers Beef Burger in a Bun and Carrot |     |                  |          |
| Sticks                                   |     |                  |          |
| Bean Burger in a Bun with Carrot Sticks  |     |                  |          |
| Artic Roll                               |     |                  |          |
| Fresh Fruit                              |     |                  |          |
| Fruit Yogurt                             |     |                  |          |
|  |     |                  |          |
| Week 7 Tuesday                           |     | Week 8 Tuesday   |          |
| Roast Pork, Roast Potatoes, Seasonal     |     |                  |          |
| Vegetables and Gravy                     |     |                  |          |
| Vegetarian Sausage, Roast Potatoes,      |     |                  |          |
| Seasonal Vegetables and Gravy            |     |                  |          |
| Carrot Cake                              |     |                  |          |
| Fresh Fruit                              |     |                  |          |
| Fruit Yogurt                             |     |                  |          |
| _  |     |                  | <u> </u> |
|  |     |                  |          |
| Week 7 Wednesday                         |     | Week 8 Wednesday |          |
| Chicken Goujons, Waffles and Baked       |     |                  |          |
| Beans                                    |     |                  |          |
| Jacket Potato with Baked Beans and       |     |                  |          |
| Vegetable Sticks                         |     |                  |          |
| Mango and Orange Iced Smoothie           |     |                  |          |
| Fresh Fruit                              |     |                  |          |
| Fruit Yogurt                             |     |                  |          |
|  |     |                  |          |
| Week 7 Thursday                          |     |                  |          |
| Mild Chilli Con Carne, Wholegrain Rice   |     |                  |          |
| and Carrots                              |     |                  |          |
| Wholegrain Roasted Vegetable Pasta and   |     |                  |          |
| Garlic Bread                             |     |                  |          |
| Fruit Jelly and Custard                  |     |                  |          |
| Fresh Fruit                              |     |                  |          |
| Fruit Yogurt                             |     |                  |          |
| Truit Foguri                             |     |                  |          |
|  |     |                  |          |
| Week 7 Friday                            |     |                  |          |
| Fish Fingers, Waffle                     |     |                  |          |
| å Peas                                   |     |                  |          |
| Macaroni Cheese and Peas                 |     |                  |          |
| Macai oni oncese ana i eas               |     |                  |          |
| Mint Chocolate Chip Icecream Pie         |     |                  |          |
| Fresh Fruit                              |     |                  |          |
| Fruit Yogurt                             |     |                  |          |
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|     | DELI MONDAY  |   |
|-----|--|---|
|     | Ham Packed Lunch, Fruit, Yogurt, Crisps &<br>Cookie            |   |
|     | Jacket Potato, Cheese and/or Baked Beans<br>and Salad          |   |
|     |  |   |
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|     | DELI TUESDAY   |   |
|     | Cheese Packed Lunch, Fruit, Yogurt, Crisps and Jam Tart        |   |
|     | Jacket Potato with Tuna & Mackerel Mayo and Cucumber Salad     |   |
|     |  |   |
|     |  |   |
|     |  |   |
|     |  |   |
|     | DELI WEDNESDAY   |   |
|     | Ham Wrap Packed Lunch, Fruit, Yogurt, Crisps and Shortbread    |   |
|     | Jacket Potato, Cheese and Coleslaw                             |   |
|     |  |   |
|     |  |   |
|     |  |   |
|     |  |   |
| · · | DELI THURSDAY  |   |
|     | Cheese Packed Lunch, Fruit, Yogurt, Crisps and Cake Bar        |   |
|     | Jacket Potato with Tuna & Mackerel Mayo<br>with Cucumber Salad |   |
|     |  |   |
|     |  |   |
|     |  |   |
|     |  |   |
|     | DELI FRIDAY  |   |
|     | Ham Packed Lunch, Fruit, Yogurt, Crisps<br>and Angel Cake      |   |
|     | Jacket Potato Cheese and/or Baked Beans<br>and Salad           |   |
|     | and outed  | _ |
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