Lavender Country Kitchen Allergen Matrix – School Main Meals – Reviewed July 2025

Dishes					D.	Lupin Flour	Milk		MUSTARD			iii da		Soar WNE
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts [†]	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Savoury Mince & Mash							1							
Baked Beans														
Quorn Nuggets		1		✓			✓							
Roast Chicken														
Roast Potatoes														
Vege Fillet														
Macaroni Cheese		1					1		1					
Roasted Veg Lasagne		1					1							
Sausages		1												✓
Mashed Potato							1							
Gravy														

Dishes						upin Flour	Milk		MUSTARD			HEAM!		Geer WNE
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts [†]	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Vegetarian Sausage														
Cod Fishcake		1			✓									
Pesto & Cherry Tomato Pasta		1					✓							
Beef Lasagne		✓		✓			✓							
Garlic Bread		1					✓							
Roasted Vegetable Pasta		1												
Roast Beef														
Yorkshire Pudding		✓		✓			✓							
Chicken & Sweetcorn Pizza		1					✓							
Cheese & Tomato Pizza		1					✓							
Chicken Nuggets		1												

Dishes						upin Flour	Milk		MUSTARD			HAMM		Geer WNE
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts [†]	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Herby Dice Potato		1												
3 Bean Chilli Jacket Potato														
Battered Fish		1			✓									
Spaghetti Hoops		1												
Fishless Fingers		1											✓	
Meatballs in Tomato Sauce		1												
Pasta		1												
Cheese and Broccoli Bake		1					\							
Chicken & Sweetcorn Pizza		1					✓							
Cheese & Tomato Pizza		1					✓							

Dishes					D°2	Lupin	Milk		MUSTARD			MAAM		Boor
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts†	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Chicken Korma							√		√					
Rice														
Sweet and Sour Vegetables														
Cheese & Onion Pasty		✓					1		✓					
Med Veg Gnocchi		✓					✓							
Tomato Pasta Sauce														
Roast Pork														
Potato Croquettes		1												
Chicken Nuggets		✓												



Reviewed by:

Review date:

You can find this template, including more information at www.food.gov.uk/allergy-guidance

Dishes						Lupin Flour	Milk		MUSTARD			WS.M.		Gar WNE
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts [†]	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tomato Soup & Focaccia		1												
Hash browns														
Fish Fingers		1			1									
Vegetable Fingers		1												
Bolognaise Sauce														
Stuffed Peppers							√							
Potato Waffles														
Sausage Roll		1												
Salmon Fishcake		1			1									
Smilies														

Dishes						Lupin	Milk		MUSTARD			IISAM OK		Geor WNE
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts [†]	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Macaroni Cheese		1					✓							
Chilli Con Carne														
Chicken Goujons		1												
Beef Burger in a Bun		1												
Bean Burger in a Bun		1												
Jacket Potato Cheese/Beans							✓							
Jacket Potato Tuna & Mackerel Mayo				√	✓									
Coleslaw				✓										

Dishes						.upin Flour	Milk		MUSTARD			MAM		WINE
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts [†]	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Ham Packed Lunch		1					√							
Cheese Packed Lunch		1					\							
Egg Mayo Packed Lunch		1		\			\							
Tuna Mayo Packed Lunch		1		✓	✓		✓							