**PSHE – Friendships**

Think of as many different friends you have both in and out of school. You could make a list.

• Where do you know your friends from?
• Do you like all of your friends in the same way?
• Do you like doing the same things with all of your friends?
• Do you see some friends only in certain situations/ places?
• Would you want to see all of your friends all of the time?

**Create your own friendship chart (picture below).**Write in the names of friends and family members in the relevant circles as follows:

* In the innermost circle are the friends/family that are closest to you; your best friends, and closest family members;
* In the second circle your good friends, next closest family, (but who you regard as not the closest);
* In the third circle friends who you know less well (perhaps people at groups or societies, relatives you see occasionally etc.);
* In the fourth circle, acquaintances (for example, neighbours, friends of friends etc.)

Thinking point: everyone has a range of different friendships and we act differently within our different friendship groups. Some of our friendships can change over time, and people can move to and from different friendship groups. This is a normal part of life.

